From,

To,

### **Cheshire Homes India Coorg**

"Creating Opportunities with Disabled People"

P.B. No. 93, Pollibetta - 571215 S. Kodagu, Tel: +91 8274 - 251876

Email: cheshirehomesindiacoorg@gmail.com

**Programme Vision**: To make a difference in the lives of Persons with Disability

(PWDs), Women and the Community

Organizational Vision: To extend services as a Resource Agency in the District.

Mission : To create a conducive environment and empower

Persons with Disability, women and their families



### **Cheshire Homes India Coorg**

Member Of Leonard Cheshire Disability Global Alliance U.K

"Creating Opportunities with Disabled People"



#### **OUR ACHIEVERS**

**ANNUAL REPORT 2019-2020** 







Fastest girl – Premala

**Fastest Boy - Bhairagi** 

**Our Relay Team** 





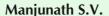


**March Past** 



Runners Up - Team Championship







**Prize Winners - Satish** 



Manjunath K.

P.B. No. 93, Pollibetta, S. Kodagu - 571215, Karnataka, India.

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Never accept the definition of life from Others, It is your life, define it your self! -Anonymous

> No matter how hopeless or bleak things appear, The moment always comes, When suddenly our spirit revives, And hope is reborn. That is why we must never give up.
> -Daisaku Ikeda

# We rise by lifting others -Robert Ingersoll







**Our little Models** 



MANAGING COMMITTEE OF CHESHIRE HOMES INDIA COORG 2019 - 2020

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Permanent Invitee - President, Lions Club of Pollibetta

#### <u>Annual Report 2019 - 2020</u>

#### 2020 - The year that was!!

20 eventful years of our delving into the magnitude of our glorious journey at Cheshire Homes India Coorg, with gaiety, on March 13<sup>th</sup>, our Annual day celebrations and basking in its glory and the success of our children, and then to everyone's dismay, there was the order ......... Lock down from tomorrow! Pandemic was a word we had hardly ever heard or used and all of a sudden, the very next day after 68 of our exuberant students had displayed their best, we were hearing & using this word so often. These were extraordinary times and truly so sinister!!

This has been a year where each one of us needs to introspect. Human beings have just taken too much for granted. Innovation and discovery are needed but not at the cost of humanity!

We have considered ourselves to be Gods/super humans and have gone berserk! Nothing really matters - being rich or poor - life is precious - staying alive & being safe are more important. God has us in a position where money, caste and status doesn't matter -everyone is in need of the same thing, right now - "his mercy".

But then, this set the human spirits ready to reboot!! It taught us valuable lessons in life - to share, to care, to have courage, indomitable spirits, strength to face insurmountable obstacles, opportunities to pick up hobbies (long forgotten) and most importantly to value mankind and life!! The positive side of it is that Latent talents have surfaced. Commitment to the family / family bonds are better. Someday, everything will make perfect sense. So for now, laugh at the confusion, smile through the tears, and keep reminding yourself that everything happens for a reason. "You can't change the Ocean or the Weather, no matter how hard you try, so it's best to learn how to sail in all conditions."

It is in the midst of change we often discover wings we never knew we had.

Our children at Cheshire & the staff were a blessed lot, as large hearted donors, came forward to support us and with it, we were able to provide children with money, medication and food kits that helped their families to tide over their crisis, decently, during the crucial months of April & May, till life tried limping back to normal.

Buddha in all sublimity said"...A generous heart, kind speech & life of service and compassion are the things that renew humanity"...Life is like that.... We need to make It beautiful with generosity & gratitude!!!!

Be it the Community Based Rehabilitation Work, where we worked with 950 people, in 38 villages, various projects undertaken, all these years, for Persons with Disability, nothing matters in the present scenario, but that our Persons with Disabilities (PWDs) and the people looking after them stay safe. This is the bottom line at present.

Cheshire Homes India Coorg was initiated 20 years ago. Our mission has been to "create opportunities with disabled people" and till today we can hold our heads high and say that we have done our best.

Since the students have severe and profound Intellectual disability, the Centre had to close, but we have been keeping track of our students and providing whatever support we can.

We have a very committed team, consisting of our Committee members, Volunteers, Staff Lead by the Headmaster -Mr. Shivaraj and working hand in hand with our donors, we are able to make things happen even in these trying times!

CHIC has been the recipient of 4 awards - 3 State awards and 1 National award. CHIC has also been recognized by the United Nations as "Best Practices for including persons with Disabilities in all aspects of development efforts" in its Community Based Rehabilitation programmes. It feels good when the Centre is recognized for its work and this, not only increases the credibility of the Organization but is an incentive for all those involved, as it boosts our energy, to work harder and with more determination. Our students too have achieved a number of awards over the years including "Well-disciplined team", "overall Runners up - Team Championship" trophy, "fastest girl, & boy" and have made everyone proud of their achievements.

The present activities of CHIC are: The Day Centre, Vocational Centre and Physiotherapy Unit. Services are provided free of charge as the Centre receives a Grant from the State Government and through the generous donors, who support our numerous activities.

Medical rehabilitation is provided through regular visits, camps, medication and aids and appliances. At the Centre, Physio therapy is provided daily. 5 Vans are hired to bring the students from all over the Taluk so that they can avail the services.

Their nutrition, health and hygiene is closely monitored. Wholesome food is provided daily, after the morning assembly and yoga. Cleanliness is inculcated in these students and their organizational skills are slowly developed through repetitive practice. Linking with the National Skill Development Corporation, 2 Skilling projects on recycling paper and plastic were implemented.

The Organization has all its statutory requirements in place, like the IT- 80G exemption for donors. CHIC is an autonomous charitable organization registered under the Societies Act, The Persons with Disabilities Act, National Trust Act & Foreign Contribution Regulation Act.

#### The activities from November 2019 to July 2020 are mentioned as follows:

#### Health:

The Centre was very privileged to have the regular visits of Dr. Abha Prasad - Psychiatrist, Dr. K.K. Mandanna - Neurologist, Dr. Naj Kumar - Physician and the team of Coorg Institute of Dental Sciences.

- Dr. Abha Prasad -Psychiatrist has been regularly visiting the Centre. During the Covid Pandemic too, we were supplying the medication and there has been a remarkable difference in the children, as they were being monitored by Dr. Abha.
- The dedicated team of Coorg Institute of Dental Sciences have been conducting regular Dental camps.
- The students are sent to Dr. Naj Kumar Physician on, a regular basis to Pollibetta and he
  is always ready to examine them.
- Dr. Mandanna, Neurologist, visited the Centre on 17th December 2019 and examined the children with epilepsy. We are always grateful to him for making time for our students.

- On the same day, "Fit India" was celebrated. Our students participated in the exercises and the importance of health was explained to them.
- A Unique Disability Identity Card (UDID) for person with disabilities, Medical Assessment
  Camp was held on the 17th January 2020 at the Centre. Dr. Sathish, Psychiatrist & Dr.
  Ramesh, Clinical Psychologist visited from Madikeri and along with our Psychiatrist Dr.
  Abha Prasad, conducted assessments for the UDID cards. The idea of having this camp
  was that the children would be exempted from going to Madikeri, which is 50 kms away.
  The Parents provided the necessary information and were asked to go to the District Head
  Quarters for documentation.
- On 12th February 2020, all the students below 19 years were dewormed.
- In February, Mrs. Leela Nanda, from Madikeri, was very magnanimous and donated a Wheel Chair, an adjustable cot, Respirometer, B.P.Apparatus, Oxygen Aluminium Canisters, Nebuliser etc, to the Centre which have been very useful.

#### Sahaya - Vocational Centre and NSDC Skilling pxrojects

Vocational training is provided to the students, to help them join the mainstream with dignity. The Centre tied up with National Skill Development Ministry to run 2 Recycling projects under the PMKVY programme of the Government.

It is a pilot project where students with Intellectual Disability and local ladies have been trained to manufacture excellent products. The ladies too were taken so that the students learn at their pace and the ladies ensure the quality of the products manufactured.

The Centre's aim has been to "Reduce, Recycle & Reuse" various products in sync with the Prime Minister's "Swacch Bharat" programme and these projects have been our students contribution to Society in their own way.

With this in mind 2 initiatives were started - handmade paper or "Saktha Saaz" and weaving single use plastic under the "Handloom Weaver "(Carpet) Job roles, of NSDC.

Plastic packets are woven into Mats and tailored into attractive bags. Plastic bottles are re used in the Phenyl & Liquid soap unit. Newspapers & magazines, are recycled into paper bags by the students and supplied to various Institutions.

Various products like paper bags, cards, and envelopes, wrapping material, crochet bags, coasters and tailored products are taught to the students' above 18 years of age.

- On 25th December 2019, a stall was set up in the Sports Club of Ponnampet. The products made at the Centre & from "Sahaya" were kept for sale in the stall. Our Chair Person, Hon Secretary and staff Sreesha, Shahina, Darshan monitored the stall.
- Customized bags were tailored for Coorg Signature Academy and Sports club.

#### **HMP** Assessment:

 The handmade paper (HMP) assessment, under the NSDC pilot programme was held on 14th January 2020. Mr. Kuldeep Vishwakarma from NSDC, Delhi visited our Centre to assess the Hand Made Paper unit trainees. He conducted the practical & then the theory assessment. He had to be sensitised on the fact that the students had an Intellectual Disability.

- A Jumble sale was organised at the Centre on 19th Jan 2020. Our school staff and 2 students Azeez & Manjunath S.V, helped in the sale, with the Committee members and Volunteers. The response was very good and the sale went off very well.
- Files were made for Bambino School.
- Dr. Radha Simhadri Audiologist, from Hearing Tinnitus & Implant Clinic-Sydney visited on the 22nd December 2019, with her team. She had tied up with Rotary Club of Wahroonga -Sydney to support our Weaving project. Hence, Rotary Club - Gonikoppal was also invited as the local club who would help to monitor the project.
- Dr. Radha had a Fund Raiser in Sydney, with her Daughter's Indian dance & son in law's Jazz performance and raised 2000Au\$ for the looms as the matching grant with the Rotary Grant. She has been such a source of support to CHIC with her club.
- Thanks to Dr. Radha and her Rotary Club of Wahroonga -Sydney, who donated money to support the looms. An order has been placed for the Hand looms and Bobbin winder. There has been a big delay due to the COVID lockdown in Bangalore, which has affected the delivery and training programme, that had to be stopped for the present. The trainees were also paid a stipend with this amount.
- Chair Person, Mrs. Gita Chengappa and Ms. Shreesha attended the National Skill Development Corporation training, on the 18th December 2019, on the Skill India Portal registration, held at AMOGH -Bangalore. Mr. Anurup from NSDC - Delhi, was deputed to train 3 NGO's - Amogh, Seva In Action & CHIC, as the Skill India Portal had migrated.
- In January, the NSDC bought 34 Hand Made paper bags made under the PMKVY Programme for the Parliamentary Committee in Goa.

#### **Handloom Weaver Assessment:**

- Since it was a new project, the weavers Mr. Devraj & his Father came down in February, to train the ladies for the weaving assessment and also simplify the existing warping system.
- On 7th February 2020, Mr Shubham Saxena from NSDC, assessed the trainees in the Looms unit. The theory and practical assessment were done. He too had to be sensitised on the fact that the students had Intellectual Disability.
- Mrs. Trish Ponnappa has been helping in the Vocational Centre. Now that she is unable to come, she has donated a whole lot of stationery and material to the Centre which are very useful. In fact, the volunteers used a lot of her material for the decorations for the Annual day.

#### Sports:

- A "Bare foot Marathon", was organized by Coorg Wellness Foundation, on the 6th December 2019, at the Tata Coffee grounds, Pollibetta. About 15 students and 6 staff members participated very enthusiastically. We also had a stall with the Sahaya products for sale. Most of the participants wanted to buy our products, but had not carried cash, as they were participating, and wanted to pay through Google App. It was then we realised, that we too, have to change with the present times to market our products.
- The "Bandhavya sports meet 2019", was held on 21st & 22 December 2019 at Mysore. Conducted by Rotary Midtown & JSS Maha Vidyapeetha Suttoor. 15 Special schools,

participated in this meet. All the students participated in the march past and the torch was lit. The Chief Guest was Sri Sri Sri Shivarathri Deshakendra Swamiji. Bandhavya sports meet Chairman Rotarian Vishwanathan, introduced all the students. The guests of Honor were Mr. Raghavendra & International sportsperson Ramya Shanmukhan.

Our students took part in all the events and bagged several prizes. **They won 11 first Places**, **5 second places & 8 third places**.

Our school also won the **first place for "well-disciplined team"** & were **"Runners Up"** for the **"Team Championship".** At the end of the event, all the participants & teachers were given bed sheets as gifts. The achievements of our students, and the commitment of the staff who coached them, in such a short time, was appreciated by all the members.

#### Programmes:

- Children's Day programme was held on 18th November 2019. Headmaster Shivaraj compered the programme. Childcare co-ordinator, Mr. Naveen Kumar, gave a brief about the Children's helpline. ANM Rathi, from Pollibetta, provided information about nutrition. Dominoes Club President Mr. Shaukath Ali also spoke on the occasion. Student Manjunath K, was felicitated by our school committee members, for promoting cleanliness in Sidapur, riding on his cycle. He has also participated in cycling competitions. He sells Phenyl which is produced in school. Games were organised for the children & the winners were given awards by Dominoes club. The ASHA workers provided the afternoon lunch.
- On 23rd November 2019, Lion's Governor Ronald Gomes and members of Sidapur Lions club, visited our Centre. Lion Vivek Joyappa, appreciated the work done at the Centre. The Lions donated for a Rain water gutter project and the guests also bought the products made in our Centre.

#### World Disabled Day:

• The Taluk level sports were held at Gonikoppal on the 26th November 2019. The Chief Guest was Mrs. Smita Prakash of the Taluk Panchayat. CHIC joined the local Child Development Project Officer, of the Women & Child Welfare Department, other officials, to help organize the event. Rose plants were presented to the guests instead of bouquets. Breakfast, snacks and lunch, were organized by the Satya Sai Seva Trust, Swami Vivekananda Youth Movement, Gram Panchayat, Stree Shakthi Self Help Group, Gonikoppal. There was plenty of food available for the children who participated. All the participants received prizes. The actual prize winners would receive their prizes on the 3rd December at the District level.

#### 3<sup>rd</sup> December 2019 at the Taluk Level - Virajpet:

 Sarva Shikshana Abhiyan or the Education Department organised different activities for the young Students, in Virajpet, to celebrate World Disabled Day. The guests were the Senior Civil Judge, President - Zilla Panchayat, Block Education Officer, the Block Resource Cluster Officer and the junior level officials.

Our students Drishya and Prajnesh stood first in dance, Sumesh took the 2nd Place and Munnavera came 3rd. Reeshma won the 2nd place in Fancy dress Competition and Anas came 3rd. Likith got the 2nd place in "Bomb in the city" game.

All the other students got consolation prizes.

#### 3rd December - At the District level held at Kaveri Kalakshetra in Madikeri.

• World Disabled Day held at the District level and the Guests were - the Deputy Commissioner, the Additional Deputy Commissioner, the Principal District and Sessions Court Judge, Legal Services Authority, the President of Vivekananda Youth Movement, the Deputy Director - Women & Child Welfare, the District Disabled Welfare Officer and the President of the Disabled Association. District Collector Ms. Anees Kanmani Joy, spoke and informed the audience of more amenities being provided by the government and appealed to the Persons with disabilities, to avail them. The winners of sports and other cultural activities received their awards. Later, the special children, including our students performed in the cultural programmes.

#### **Cleanliness Awareness Programme**

- On 11<sup>th</sup> December 2019, members of the Auto Drivers Association, from Pollibetta, organised a cleanliness drive at our Centre. Mr. Viju Subramani, Zilla Panchayat member, who was the Chief Guest, spoke about how important it was for special students to avail provisions provided by the government and join the mainstream. Mr. Viju Subramani, was felicitated by the Auto drivers Association. Taluk Panchayat member Mr. Ajith Karumbaiah appreciated the Centre's work and praised the Committee for giving the students a better future. He also stated that through Taluk panchayat, he would ensure that Rs.1 lakh worth of facilities would be provided to the school. Ms. Geetha Naidu spoke about the school and she enumerated the school's achievement at the State and National level. Gram Panchayath member, former President, President of Auto drivers and owners organisation, Captain Eleven team were also present.
- Huthari festival was celebrated in school on 13<sup>th</sup> December 2019 by making the traditional food like "thambuttu" which was distributed to everyone. The students were also told about the significance of this festival.
- On 19<sup>th</sup> December 2019, Christmas was celebrated in school. Mrs Kavya Sanju, JCI Ponnampet, the Chief Guest, expressed her appreciation to the school. Lourdes school students sang the prayer song. Ms. Rosyrani, teacher spoke about the significance of Christmas. Dr. Augustin, Sr. Silpi, Superior & Principal, Lourdes Hill Pollibetta, members of JCI Ponnampet, were all part of the event. Our students participated, in a dance signifying, the birth of Jesus Christ. Coorg Cliff Resorts & Porcupine Castle, sponsored Christmas gifts for all our students & teachers. A cake was cut & distributed to all the students by the teachers. Our staff Philomena provided a tasty lunch for everyone.

#### **New Year Celebration**

- New Year was celebrated in school on 1<sup>st</sup> January 2020. NSS students of Cauvery College, Gonikoppal, along with their teacher Rita participated in the celebrations. A cake was cut and it was followed by cultural events & games for the students. Everyone spent the first day of the year in great joy. At the end of the programme, Chocolates & sweets were distributed to all the students and the staff.
- On 24<sup>th</sup> January '20, 62 students & staff of Coorg Public School COPS, along with their Principal Mr. Benny & Vice Principal Ms. Veda, visited our Centre. They were welcomed by our school students, teachers & Committee members. The programme started with a prayer and was followed by exercise. COPS & our students entertained everyone with their cultural programmes. They distributed chocolates, fruits & balls to our students and all had a great time.

- On 17<sup>th</sup> February, all our students were taken to Pathani Baba Uroos festival, in Pollibetta. They were shown all the items which were displayed in the stalls. The Uroos committee distributed juice, sweets & they also sponsored lunch for our students.
- On the 20th February, Headmaster Shivaraj was honoured by Ikra School during Mane Mane Kavya Ghosti program for his sincere services rendered to CHIC.
- On the 28th February, an aerial Survey and photograph of the Centre was done, with a
  Drone Camera to see the layout of the centre. This was done, as Kodava Koota -US,
  needed an aerial survey of the area.
- Our Donors Mr. & Mrs. Atul Nishar of Atul Nishar Charitable Trust-Mumbai & their friends from various Corporates, visited our Centre on the 9th March 2020. They were taken around the Centre to see how their magnanimous donations, helped, in the growth of CHIC. The children put up a cultural programme for them and this had them in tears. They were very impressed with the work done.

#### **ANNUAL DAY**

- On the 13th March, CHIC celebrated its Annual day and its 20th year of existence. Dr. Radha Simhadri, Paediatric & Adult Audiologist, from Hearing Tinnitus & Implant Clinic, Sydney, was the Chief Guest. The Head Master, staff and Volunteers did a splendid job training our students and the cultural programmes impressed the audience. Being the 20th year, the Volunteers went all out to give the place a festive look. The children who excelled in various sports events in the District & Bandhavya Sports, Mysore, were honoured with certificates by the Chief Guest. Presentations of the 20 years of CHIC was made by the Chair Person followed by a presentation by the Chief Guest. Lunch was provided for all. Eco friendly take away gifts were made with seeds in Handmade paper Envelopes.
- Soon after the Annual Day, the Centre was closed, from 16th March, due to the lockdown and Covid pandemic.
- Mrs. Vijaylakshmi, Naturopath, from Mysore conducted a session on Naturopathy on the 19th March 2020 for the Committee members, volunteers & staff who were present on, natural methods to be used to provide immunity.
- Discussions and video calls have been held, with the Rotary Club of Sydney and local Rotary Club for future projects.
- Mr. Madappa, Assistant Governor of Rotary District and Mr. Rafiq, contractor, visited the centre on the 11th June '20, to discuss building plans for the future.

#### Covid support from April - July:

- With the Covid Pandemic and lock down the Centre was forced to close its activities to the Students. The vocational section trainees ladies were given odd jobs so that they could earn some money. Around 1000 cloth Bags were tailored, many of which were customized. When the necessity of masks was felt, they were trained & tailored 1500 Masks at home. 250 handmade paper bags of various sizes, 100 customized files, 1900 envelopes and other products were also manufactured.
- Headmaster Shivaraj has given awareness programmes on COVID -19, covering social distancing, hygiene, prevention, in the local community in Pollibetta and other areas, accompanied by the Police.

- In April & May, donors came forward to provide funds so in the 1st phase, Rs. 1,30,000/ Rs. 5000 per student, was transferred to 26 students accounts for their families as immediate support.
- Sessions of "Call in consultations" were held with Dr. Abha Prasad -Psychiatrist for all the students, PMKVY Skill Development trainees, their families as per their need during this crisis. Many staff were unable to go home to their families in neighbouring Districts, and were stuck in their PGs. They too were counselled as they were depressed.
- Medication worth Rs. 25000/- was supplied to the students for the months of April, May and June, for epilepsy and other problems. A regular supply has to be provided, as if we do not provide the medication, the parents will not be able to afford it, and the children will be at a loss.
- 50 kgs of rice that was at the Centre was distributed between the staff who were present, for their immediate need, in April.
- Around 450 kgs of fish were caught and distributed in 4 different places, to the daily wage workers & Community, individually by the Committee members in their respective places.
- Donations were also made by a few Committee members to other organisations for food distribution.
- 1500 Cotton Masks were tailored by the local ladies from the PMKVY Skill Development project that we were running. It was an income generation for them in this crisis. Various designs of masks are being tailored.
- Cotton Masks were distributed to the students, staff and their families free of cost in the 2nd phase with the provisions. Masks were also sold @Rs. 15 each at the Centre.
- Phenyl (disinfectant) & liquid soap were manufactured in school and gloves, masks etc were distributed with the provisions worth Rs. 1500/ per head to 32 students' families during the 2nd phase done in April. The local Police, Gram, Taluk & Zilla Panchayat members, were also present.
- Phenyl disinfectant, Liquid soap, masks were distributed to the Tahsildar's office, 12 Police stations and Gram Panchayaths in the areas where the students live.
- In May, a cab was organised for our Special Educator Vinitha, as she had to travel to the neighbouring District Kasargod, which was in the red zone. Special Educator Rita, was sent in the bus arranged, by the Government to Kollegal. A lot of running around to different departments had to be done to organise passes for them.
- In May, some Food was provided to the staff at Lopamudra Medical Centre and Police stations at Gonikoppal, to appreciate the work done by the Medical Fraternity and the Police.
- In May -June, 69 kgs of milk powder was supplied to the students' families and the staff in their houses
- A stipend of Rs. 101730/- was paid in June, to the trainees from the Looms & Hand Made paper section for weaving, tailoring and making paper products.

- A yoga session was held on the 21st June, for the staff and trainees to celebrate Yoga Day.
- The Chair Person attended all the virtual Zoom & Webex sessions organised by the different Government Departments like Niti Aayog, Home Ministry, Sector Skill Council, National Trust and other Departments during the Covid Pandemic.
- On 30th June, provisions were given to our Special Educator Ms. Shahina, as her area was sealed down due to Covid -19. 5 of our Special Educators were all sealed in containment zones, as there were Covid cases in their various Districts.
- On 13th July, provisions were given to Reeshma's family, (student with Intellectual disability)
  as her mother is very sick and during the lockdown the Father is unable to buy any
  provisions or get work.
- The M.P Grant was sanctioned for a single room 10'x13', instead of the full staff quarters. Hence it was decided to build a toilet & kitchenette, to complete a staff quarter, with the help of donations received, by our magnanimous donors.
- An infra-red thermometer, and Sanitizers have been purchased for the Centre in June.
- CHIC has contributed around Rs. 6.20 lakhs, on various activities, to the Community, through its Centre, Committee members and Volunteers, during Covid -19. The reports are being sent to the Niti Aayog, Home affairs Ministry as per their request by the 15th of every month.
- Headmaster Shivaraj, was invited to give a talk on "All India Radio" on the 28th July, on the
  activities of our Centre, our contributions to the children during the Covid scenario. It was
  aired on 30th July 2020.

#### **Meetings:**

- The Chair Person attended the Leonard Cheshire Disability -UK & Regional Office, training on "Safe guarding "at Bangalore on the 14th & 15th November 2019.
- On 21st November 2019, the committee members conducted a Bye Law meeting. The
  Byelaws are being studied so that appropriate changes could be amended, to make it
  more suitable for the present activities of the Centre.
- On 6th December 2019, Officer of Bangalore based, "Centre for Budget and Policy study", Mr. Vivek Naik, visited our institution. He assessed the co - operation of the local Gram Panchayat and enquired about the provisions, being provided by the Panchayat members, to the students. Headmaster Shivaraj, took him around and made him aware of the students' activities.
- On the 18th December 2019, the Chair Person Mrs. Gita Chengappa & office staff, Ms. Sreesha attended a session held at NGO-AMOGH, Bangalore, conducted for the partners of the Special Projects, by National Skill Development Corporation. Seva - in - action, Amogh & CHIC participated in this Session.
- Mrs. Gita Chengappa was invited for a workshop on "Designing and developing a detailed Assessment and Career Advisor Tool for persons with disabilities" to make them employable. This was held in Chennai on the 29th and 30th January 2020, and was organized by Leonard Cheshire in partnership with Objectivity, Microsoft Solutions Providers, UK.
- The Cheshire National Council AGM was held on 15th February 2020 at Bangalore.

The meeting was attended by the Chair Person, & Mr C.A Muthanna.

The Chair Person was requested to give a Presentation on the activities of CHIC with a special emphasis on the NSDC projects.

The Chair Person, Mrs. Gita Chengappa, was nominated to the Cheshire National Council Executive Committee. Mr. C.A Muthanna would be an invitee.

- Government officials keep visiting to inspect our Centre.
- **Committee meetings** are held on every second Monday of the month. The Office Bearers meet every other day to ensure the proper functioning of the Centre.

Due to the pandemic, no meetings were held in April and May.

In June and July with proper sanitizing and social distancing, the Committee met to take some important decisions.

#### Audits:

- Besides a number of online consultations, Mr. N.D Naresh had visited to finalise the accounts.
- Our Statutory Auditors, Mr. N. Suresh and Ms. Preethi Beth have scrutinised the accounts.

#### **Visitors:**

- On 4th November 2019, Mrs. Nisha Ganapathy, brought 16 guests from Delhi to the Centre.
   They were very happy to meet our students and go around the Centre. The visitors bought items from "Sahaya" and made donations to the school.
- On 5th November 2019, around 13 members of the Rotary club, Gonikoppal, visited the Centre. The members enjoyed the visit and offered stationery to the students. They also gave a First Aid Box and some sweets & Mrs Latha distributed sarees to the staff.
- Dr. Najkumar, his wife Mrs. Sajini and son Mudaiah, visited the Centre on the 8th November 2019. The visitors provided lunch & chocolates to all the students.
- On 20th November 2019, Mr M.T Kariappa and Mrs. Kaibulira Parvathy Bopaiah visited the Centre. Mrs. Parvathy, a teacher, came to donate money from her pension, to the Centre, which was such a magnanimous gesture. We were really touched and honoured to have her visit us.
- On 25th November 2019, Mr. Nagesh and Mr. Raju from the Survey Department, Virajpet visited to conduct a survey.
- On 23rd December 2019, Mr. Ratan Belliappa, his wife & children visited & the students enthralled the guests with a cultural performance. Mr. Ratan Belliappa & his family have been long standing donors of CHIC and have supported CHIC in its activities.
- Donors, Mr. & Mrs. Machaiah from Melbourne, Mr. Muddaiah & Ms. Riya visited our centre on 3rd January 2020. They interacted a lot with the children & all enjoyed themselves.
- Dr. Archana visited our Centre on 6th January 2020.
- On 13th January 2020, B.Ed students from Sai Shankar Institute visited, to observe our students and their activities.
- On 16th January 2020, Tax Consultant, Mr. Naresh & his wife Mrs. Smitha visited the centre.

- On 20th January, Mrs. Malathi Devaiah visited the school.
- On 21st January, Ms. Vijayalakshmi, Mr. Keshav Kamath & Ms. Sandhya visited our Centre to check on potential tie ups for the children.
- On the 6th February, Ms. Priya Kuttaya accompanied guests Ms.Lakshmi Venugopal & Ms. Radhika to the centre.
- On the 9th March 2020, Mr Rohan Belliappa, Ms. Nirupama Belliappa & Ms. Smita Dandekar, visited our centre.

#### Birthdays and lunches:

- Birthdays of the students are celebrated every month.
- People provide lunches on various occasions like their milestones, birthdays, death anniversaries, weddings and we are grateful to them.
- 5th December 2019, School driver Mr. Raju, celebrated the birth of his grandchild with the students.
- Mr. Shravan Murthy and Mrs. Anitha, celebrated their daughter Lisha's first birthday, Staff Mrs. Elsie, Mr. Dinesh Nanjappa sponsored food.
- On the Death Anniversary of Lion Mr. S.D Poonacha, his wife Mrs Praneetha Poonacha & Lion members sponsored lunch.
- Mr. Ramesh & Ms. Nirmal, Mr. Siddharth & friends sponsored lunch. They celebrated Yashoda's birthday too.
- Mr. Ajay Kumar, celebrated his wife Torina's birthday, by sponsoring lunch. He has been a genuine supporter of our Centre's activities.
- Mr Prakash & Mrs Mala celebrated their son Advaith's birthday.
- Mrs. Sweety, Mr. Sirajuddin, Mrs. Rekha, celebrated their birthdays with our students.
- Mr. Nowfeer of Food Bank Super Market Gonikoppal provided lunch for the students.

#### **General Maintenance**

- The rain water gutter for the assembly area, sponsored by the Lions Club of Sidapur, was completed in November 2019.
- In November 2019, the roofing of the Junior section had to be changed as the 20 year old asbestos sheets, had cracked and were leaking, with the heavy rains. As asbestos was bad for the children, it was changed to metal roofing.
- Looms Machinery parts & Materials had to be bought and maintenance work of the looms had to be done in November.
- The room for manufacturing Phenyl and liquid soap was completed in November, with a shed to store the asbestos sheets and other material.
- The plastering work of the Day Centre ceiling was completed in December.
- In December, soak pits had to be constructed for the Hand Made paper unit as there was a heavy outflow of water and effluent, which was a danger to the house below.
- Clothes drying racks were installed in December, in the handmade paper unit to dry the paper sheets manufactured.

- On the 4th January 2019 the annual renewal of Societies Registration was completed.
- In January the painting of the junior section was done.
- CCTV's were fitted at the Centre, in January 2020, as the NSDC projects were being taken up.
- In February and March the stage, side rods were fabricated and the stage curtains were tailored, to get ready for the approaching Annual Day.
- In March, the Taluk Panchayat Member, Mr. Ajith Karumbiah, promised funds for the Centre. The suggestion for re tiling and refurbishing the students' and staff toilets with the Taluk Panchayat funds was made. He swung into action and completed it before our Annual Day.
- In May, 2 cupboards were bought for the Centre. All the Vocational stock, school and library cupboards were rearranged and labelled. The locks and handles of 30 cupboards were serviced in July and where, necessary, changed.
- Mrs. Reshma Chengappa sent labourers in March, to do the weeding at the Centre.
- In July the staff quarters work from the MP Grant, was started.
- Weeding was done in the months, of November December and the fertilizer was applied in the coffee block.
- Our first coffee crop of 9 kgs, was harvested last year.
- Submissions for the utilization of the previous year's Child Grant and requisition for the instalments were made in March - April 2020.
- November & May

An application for the 1st instalment of the Child Grant was done in May. Mr. Vikram Megraj of Suraj Marketing sent hand wash, gloves, masks to the Centre in Medicinal and fruit plants were brought by few of the Committee members. \*\*\*\*\*



Coorg Institute of Dental Sciences visit



Neurologist Dr. Mandanna's visit



Unique Disability ID Assessment Camp





Practicals - The Hand made paper or Saktha Saaz Assessment



Theory - Saktha Saaz Assessment



Jumble sale at the Centre



**Looms Practical Assessment** 





Theory Assessment of the Handloom Weaver ( Plastic recycling unit)





Barefoot Marathon at Tata Coffee Golf Ground - Pollibetta



Honouring Manjunath on Children's day



Our dedicated Committee



World Disabled Day at the Taluk level



Taluk Level Sports



World Disabled Day with Sarva Shiksha Abiyan



Prize winners



District Level Prize distribution - Manjunath



District Level Prize distribution - Azeez



Thangacha - Winner at District Level



Our enthusiastic Volunteers



Our Staff with Office Bearers



Celebration for Christmas





**Coorg Public School Visit** 



Uroos Festival



Ikra School Honouring Shivaraj



The Hand Made Paper Team



Aerial photography with the Drone camera



Session by National Skill Development Corporation at Bangalore



Cleanliness Awareness Programme





Mr. & Mrs. Atul Nishar and their friends visit – interact with the Committee.



Mr. Nishar's team watch the students perform



Dr. Radha Simhadri lighting the lamp



Children perform on Annual Day



Our severe children are also in the limelight



Prize winners with Our Chief Guest



Presentation of 20 year journey of CHIC



Volunteers at work for the Annual Day



Weavers training the Hand Loom section



Mr. & Mrs. Naresh visit



Naturopath Mrs. Vijaylakshmi's session



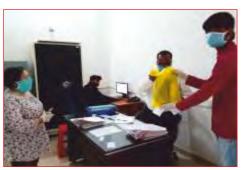
Shivaraj provides Covid Awareness



Tailoring Masks



Distribution of provisions at Sidapur



Distribution to the Virajpet Shiresthdar's office



Distribution of provisions at Gonikoppal to Asha worker & Parent Prashanthi



Distribution at Virajpet



Distribution of provisions at Pollibetta



Yoga Day



Visit of Dr. Radha Simhadri and discussions with Rotary Club of Gonikoppal





Designing and developing a detailed Assessment and Career Advisor Tool for PWDs workshop - Chennai



Mr. Machaiah visits the Looms



Mrs. Shilpa Machaiah interacts with the Juniour Students



Bye Law Committee meets



Taking a pledge on Voter's Day



Lion Governor's visit with Sidapur Club members



Mr. Ratan Belliappa's family visit



Mrs . Sneha Belliappa distributes prizes

#### **CASE STORY**

#### **DEEPA**

#### History:

Deepa was born through caesarian section, on 5th June 2010, in the Government Hospital Madikeri. Her parents had tried various methods as they didn't have a child for 5 years after marriage. Deepa weighed about 1 1/2 kgs at birth. All her growth parameters were slow. Doctors identified her condition as cerebral palsy, in KMC hospital, Mangalore and provided treatment, but couldn't do much. Then after 5 years she was taken to a Hospital in Pondicherry, where she was given Physiotherapy and she improved. It helped reduce the stiffness in her legs.

 Family History: Deepa's is a joint family and all of them take care of her. She has no siblings.

#### Identification of CHIC:

She was admitted to Government school, Virajpet, and on the advice of the local Postman, she was admitted in CHIC on 4<sup>th</sup> June 2018.

#### • Intervention:

Initially, on admission to CHIC, she cried a lot. Then she gradually got adjusted and started to interact with all the staff & students in school, after which, she loved to attend school. She likes to read and is able to write and identify all the English and Kannada alphabets and tries to read the words. She is able to write her name in Kannada and English and she is able to copy a paragraph in Kannada from her books. She knows numbers from 1-100, 1 and 2 times tables, and she can do single digit addition. She can identify body parts, primary colours, wild & domestic animals, birds, fruits, vegetables and vehicles. She is able to colour neatly. She is interested in joining blocks and stringing beads.

She is able to brush her teeth by herself and mentions when she needs to go to the



Admiring the fish that Mani has



With new Assistive devices



Winning on World Disabled Day at Virajpet

washroom. She manages to hold the window rods and stand up, also tries to join her hands in prayer during assembly. After joining CHIC she is very active in all activities and enjoys games.

Deepa, has been getting therapy too, with Saroja, our Physiotherapist. Stretching exercises, fine and gross motor exercises, eye-hand coordination, standing balance, gait therapy are the exercises she has been given. She is now learning to sit in and get off the wheel chair by herself. She likes to catch a ball when it's thrown at her. Deepa, likes to listen to music, play Mobile Games, Watch TV and play with her cousins.

#### Facilities :

She has been getting free education, training at school, transportation, uniforms, medical facilities, dental treatment and our Psychiatrist Dr. Abha Prasad treats her too. She has been taken on trips, sponsored by school. She was provided with Hip Knee Ankle Foot Orthosis and other assistive devices to assist her sponsored by Chinthana Trust.

Dr. Sathish, Psychiatrist from Madikeri & Dr.Ramesh, Clinical Psychologist visited our institute. They conducted assessment for UDID. Her parents provided them the necessary information, and then went to Madikeri to collect the UDID card.

#### Parent's Opinion :

Her parents hope to see Deepa being independent and hope she can improve her education and be able to speak well, in future.

#### • Teacher's Opinion:

Since she is a person with cerebral palsy, she is dependent. As she is interested in curricular and co-curricular activities they will guide her to improve herself.

#### • Future Plans:

Considering her Parents opinion everyone at the centre is trying to make her independent and improve her skills in education.



Home visit by teachers



**Chinthana Trust donates Assistive devices** 



In class with Samsheeda

#### **PREMALA**

• History: Premala was born at home on 30<sup>th</sup> September 1987. Her Mother Madevi had a normal delivery. Her Father is Nanjappa. Premala was the 3rd child but before her 2 children died after birth. Due to this reason, her mother took Ayurvedic medicine when she was pregnant. Premala had delayed developments in walking and talking. She had a bleeding problem soon after her birth. She was treated by Dr. Sudhakar Shetty, Pollibetta and then it was cured. When she was 5 years her family identified her as a special child.

#### Family history :

Premala's family is from the low income group. Her parents go for estate work. She has 2 siblings Pallavi & Anil younger to her. Pallavi will be getting married next month.

#### • Identification at CHIC :

She studied in the Government School, Thithimathi, till 6<sup>th</sup> Standard and then she stayed at home till she was 27 years. Later on the advice of our student, Sowmya's mother - Savithri, she was admitted to CHIC on 12<sup>th</sup> November 2014.

#### • Intervention :

Premala comes to school, regularly. She wishes everyone "Good morning" in school with a smile always. She likes small children and she helps the primary children to get down from the van & take them to their respective classes. She has improved a lot after coming to CHIC.

After she joined school she is able to read and write her name and address. She is able write her numbers 1-10 and is able to copy write the others. She is being trained at the Vocational Centre and she used to help in the garden. She washes the utensils very well and is very hygienic, as a person. She joins the group to make Phenyl and Liquid soap and also



Receiving milk at "Kshira Bhagya" inauguration



Cutting her birthday cake



Yoga Day



Receiving her prize at the District function

supports for newspaper bag making. Under the Skill development project, she was trained in Hand Made Paper making and Looms. In the HMP unit, she tears the paper and helps in manufacturing handmade paper. In the Looms unit, she is trained in recycling the plastic and weaving, to make different products like bags, mats etc. She is very interested to participate in curricular & co-curricular activities. She likes dance, skits etc. She excels in sports competitions like 100 m, 200 m, 400 metres sprints & has won many prizes. She has been to many places like Mysore, Madikeri and Mangalore to participate in sports events & has received prizes. In fact she has been declared the "fastest girl". She is interested in cleaning and keeps her home and classroom very neat. She is always smiling, happy & very active.

#### • Facilities:

Cheshire Homes India Coorg, is providing free education, training, transportation, food, uniforms, medical facilities, dental treatment. School trips are all taken care of, by the school. Our Psychiatrist, Dr. Abha Prasad treats her. The Centre helped her to avail monthly pension and UDID card.

#### Hobbies:

Dancing, Watching T.V, Cleaning, helping her mother and playing with children.

#### Parents Opinion :

She should learn to read and write and she should be independent.

#### • Teachers Opinion :

Since her ability is very low in reading and writing, Vocational training should be given according to her ability.

#### Future plans:-

According to her parents wish, try to teach her and provide vocational training for her to be independent.



Ready for the "lime 'n spoon" race.



Our Star dancer



Performing on Annual Day



Visit to "Evolve Back"



Fastest girl at Mysore meet

#### **Acknowledgements**

Our magnanimous donors, our volunteers and our staff, need a special mention as it is only due to their support, that we are able to implement all our programmes for the cause of disability.

We would like to acknowledge the support of various people who have helped us, in our growth to this stage:

Chartered Accounts: Mr. N. Suresh, & Ms. Preethi of Suresh Nandini Associates – Bangalore, Mr. K.M Subbaiah – Gonikoppal and Mr. N.D. Naresh – Tax Consultant, Virajpet.

Leonard Cheshire Disability – UK and South Asia Regional Office – Bangalore, The Cheshire National Council – Bangalore, National Skill Development Ministry, National Skill Development Corporation – Delhi, Handicrafts and Sector Skill Council – Delhi,

**The Department** for the Empowerment Of Differently abled & Senior Citizens-Bangalore, The Deputy Commissioner's office, Zilla Panchayat, The Women & Child Welfare Department, Disabled Welfare Office, Taluk Panchayat, The President, Panchayat Development Officer & Members - Gram Panchayat — Pollibetta, Police Departments, The Education Department, Revenue Department, All the various Government Departments, The Legal Aid, The Bar Association—Virajpet, Press Club, print and electronic media.

Atul Nishar Charitable Trust - Mumbai, Madgavkar Trust - Mumbai, Pandanda Cheetamma Madappa Charitable Trust -Kolkatta, Macmet India Ltd. - Kolkatta, Samvruddhi Foundation - Bengaluru, Mahindras - Mumbai, Accel India Management Company Pvt. Ltd. - Bengaluru, Ambadi Enterprises -Chennai, PDA Trade Fairs Pvt. Ltd, Bangalore, Tata Coffee Ltd, Coorg Education Fund, Chinthana Trust -Bangalore, Dr. Radha Simhadri, Wahroonga Rotary Club - Sydney, Mr. Ajay Kumar, Corporation Bank Retired Officers Association, Curae, Vijaya Bank -Pollibetta

Coorg Institute of Dental Sciences, Coorg Institute of Technology, Lopamudra Medical Centre, Dhrishti Eye Hospital -Gonikoppal, Lopamudra Eye Care - Kushalnagar, Dr. Mandanna – Neurologist, Dr. Abha Prasad – Psychiatrist, Dr. Naj Kumar - Physician, Dr. A.G Chinnappa, Prasad Nethralaya - Udupi, Dr. A.D Belliappa, Virajpet Nursing Home, Government Hospital - Pollibetta

Bamboo Club, Papera Cuisine, Pause Café, Coorg Wellness Foundation, Kodava Koota, The Merchants Credit Cooperative Society Ltd, Omega – Gonikoppal, Lions Club of Pollibetta, Sidapur, Virajpet & Gonikoppal, Rotary Club – Gonikoppal & Virajpet, JCI Club – Gonikoppal, Surina Graphics, Porcupine Castle, Cliff Resorts, Federation of Kodava Samajas – Balgodu, Badaga Ladies Club – Kutta, Kodava Samaj – Kutta, Raghavendra Super Market – Gonikoppal, Dominoes Club, Nellihudikeri, Sports Club - Ponnampet, Auto Drivers Association - Pollibetta.

Cauvery Colleges – Gonikoppal & Virajpet, Lions Nursery & Primary School – Gonikoppal, KALs, COPS – Gonikoppal, Lourdes Hill Convent – Pollibetta, Lawrence School – Bangalore, Bambino School, Coorg Signature Academy - Gonikoppal

A few shops in Mysore & Kodagu, who have been very supportive: Vikram Meghraj, Shilpa Shree Hardware, Shoba Paints, Jain Hardware, Mahendra Hardware, Steel Centre, PACC Society, Sri Manjunatha Traders, Sapthagiri Transport, Krishna Bakery, P.M Stores, Food Bank, Muneer - Safera Hotel

The various individuals, Government Departments, Corporates, Trusts, NGOs, and Institutions. All these people have been so magnanimous and have contributed year after year, thereby ensuring that the Centre is able to function without any problems.

#### **Donors from November 2019 to July 2020**

Mr. Ajmal Saifudeen

Dr. A.G. Chinnappa

Mrs. B.P.Eshwari

Mrs. Thangamma

**ANM and Asha Workers** 

Ms. Rathi

Mrs. Kaibulira Parvathi Bopaiah

Cheshire Homes India - National Council

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Mrs. Ranie Cariappa

Lions Club of Sidapur

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Lion. Nithi Poonacha

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Mrs. Pamela

Capt. Duleep Nachaiah Mrs. Trish Taylor Ponnappa Mrs. Lekha Chengappa Mrs. N. Shanmuga Sundaram Mr. V.P Venkatachalam Lawrence School - Bangalore

Ms. Radhika Kidao Mr. Sameer P.M

Mrs. Gowri Chandrashekar

"A kind gesture can reach a wound that only compassion can heal"

- Steve Marabol

"You have not lived today until you have done something for someone who can never repay you."

- John Bunyan

Money is but one venue for generosity.

Kindness is an even more valuable currency"

- Alan Cohen

"Small acts of kindness can make a difference in other people's lives more than we can imagine"

— Catherine Pulsifer

Thank you donors for your magnanimous support!!

A special thanks go to all our donors who have contributed generously in kind!



## Cheshire Homes India Coorg "Creating Opportunities with Disabled People "

Donation Card to help a "Special Person"

We cannot spell "S CCESS"	
Without <b>U</b>	
To, Cheshire Homes India Coorg, P.B. No. 93, Pollibetta -571215, S. Kodagu, Karnataka, S. India.	
Name Mr./ Mrs./ Ms.	
Address	
PIN	
Contact Details Phone ( with code)	
E Mail ID Date of birth	
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Van Hire - Rs. 10 lakhs – any amount Annually / monthly	Partially sponsoring a child - 5500/- monthly or more. Celebrate Birthdays, milestones & other occasions with our children
Future Projects :	Staff quarters – 8 lakhs
2 Class rooms -17 lakhs	Playground interlocking -3 lakhs
Furniture - 2 lakhs	
I enclose herewith NEFT/Cash /Cheque / Demand Draft No	
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C-79/80G/CIT/Mys/2009-10 from 31.3.11 o	No. 094510029
Societies Act :	66/2003/04 (renewed annually)
PWD Act :	SI. No. 1/2004-05 under section 51, 52 of PWD Act.
12 A	: No. C -25 /12A /CIT /Mys /05-06
PAN	AAATC 5717G
National Trust	010320221168050/MR/CP/AUTISM/MD- Ministry
	of Social Justice & Empowerment, Govt. of India - From 03.03.2015 to 02.03.2020
For further information contact:	E-mail: cheshirehomesindiacoorg@gmail.com Tel: +91 8274 – 251876







Recognising our former students - Ramshad, Veeramma & Nawaz



Seeds packed in ecofriendly seed paper



Visitors From Delhi



Ms. Priya Kuttaya accompanies her guests



Lourdes & JCI members join the celebration



Celebrating our Vice Chair Person Mrs. Punita's birthday



Interaction with COPS kids